MANGALORE UNIVERSITY

Department of Sociology

SYS 455 Sociology of Ageing

Course Outcome:

CO1. Accommodating the aged in modern society.
CO2. Psychological, sociological and economic rehabilitation of elderly.
CO3. Make aware of stresses and strains of elderly.
CO4. Profile of changes in the age composition of different societies
CO5. Implications of the increasing ageing population.
CO6. Usefulness of the elderly in modern society.
CO7. Strategies and programmes adopted in a modern society for elderly.
CO8. Positive and respectful attitudes towards elderly.

Objectives:

The objectives of this course are

1. To study the profile of changes in the age composition of different societies and to study various implications of the increasing ageing population.
2. To study and to know the ways of accommodating the aged population in the main streams of family and community life and to see how far they would be useful in modern society.
3. To study various strategies, programmes and measures adopted in a modern society to bring about psychological, sociological and economic rehabilitation of elderly people.
4. To make the members of incoming generations aware of stresses and strains created by economic dislocation and physical disabilities for elderly people and to generate in them positive and respectful attitudes towards them.

UNIT – I : Introduction: **Hrs - 14**

a. Emergence of Sociology of Ageing as a discipline
b. Scope and Significance of Sociology of Ageing
c. Trends and Patterns of Ageing –Global and Indian Scenario

UNIT – II : Aspects of Ageing: **Hrs - 12**

a. Factors of Ageing; Problems of Ageing
b. Changing Family and its effect on Ageing
c. Female ageing and widowhood

UNIT – III : Health Status of the Aged: **Hrs - 12**

a. Ailments and health problems of the aged
b. Nutritional factors
c. Social aspects of nutrition amongst the aged

UNIT –IV : Adjustments in Later Life: **Hrs - 14**

a. The Caregivers; Informal Support and Its Relevance in Later Life
b. Living Arrangements of Elderly
c. Ageing and Retirement

UNIT – V : The State and the Elderly: **Hrs - 12**

a. Role of the State – Policies and Programmes for the Aged in India
b. Role of NGOs in the care of the aged
c. National Policy on the Aged

Reference Books:

Alfred de Souza and Walter Fernandes (ed). 1982. *Ageing in South Asia* : *Theoretical Issues and Policy Implications*, New Delhi, Indian Social Institute.

Bhatla, P. C. 2000. (ed.); *Lecture-Series in Geriatrics*, New Delhi : National Institute of Primary Health.

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Kumar S. Vijaya. 1991. *Family Life and Socio-Economic Problems of the Aged*, New Delhi : Ashish Publishing House.

Kumudini, Dandekar. 1996. *The Elderly in India*, New Delhi, Sage.

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Mishra. S. 1987. *Social Adjustment in Old Ages*. B.R. Publishers, New Delhi.

Sati P. N. 1987. *Needs and the Problems of the Aged*; Udaipur : Himanshu Publishers.

Sharma.M.L. and T.M. Dak. 1987. *Ageing in India*, Ajantha Publications New Delhi.

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