SYS 458 Sociology of Leisure and Sport

Objectives: a study on this course will provide the skill to -

1 Understand the concepts in leisure and sport
2 Analyse the cultural base of sports
3 Study on social institutions and sport
4 Know the relation between social stratification and leisure activities
5 Study the sports related state policies and programmes.

Course Outcome:

CO1. Get familiar with the concepts of leisure and sports.
CO2. Understand sociology of leisure.
CO3. Aware of benefits of sport activities
CO4. Role of the Governments in promoting leisure and sport activities
CO5. Social aspects leisure and sports
CO6. Understand deferential aspects of leisure in India
CO7. Know leisure and sport policies in India

Course Content:

UNIT – I: Introduction **Hrs - 14**

a. Scope and importance of Sociology of Leisure and Sport
b. Origin and Development of Sociology of Leisure Sport
c. Sport as a Social Phenomenon ; Sport and Socialization

UNIT – II: Theoretical Approaches **Hrs - 12**

a. Structural Functional Approach
b. Conflict Approach
c. Ethno- Methodological Approach

UNIT – III: Cultural Bases of Sport **Hrs - 14**

a. Relationship of Sports with the elements of Culture
b. Sport, Leisure and Culture
c. Cross Cultural Differences in Sport

UNIT – IV: Social Institutions and Sport **Hrs - 14**

a. Sport as a Social Institution
b. Sport and Economic, Political and Religious Institutions
c. Violence in Sport

UNIT – V: Social Stratification and Sport **Hrs - 12**

a. Sport, Social Stratification and Social Mobility
b. Gender Inequality in Sport
c. Sport and the State: Policies and Programmes.

Reference:

Dharam.V.R. (1989)Sports & Society : Readings in Sociology of Sports, New Delhi classical.

Hylton, Kelvin, et al (2001) Sports Development : Policy Process & Practice, London : RKP

Laker Anthony (ed) (2002) The Sociology of Sport and Physical Education, London, RKP.

Loy John W et al(1978): Sports and Social System A Guide to the Analysis, Problems and Literature ,Wesley : London,.

Oglesby Carde(1978) Women & Sport : From Myth to Reality, Orient Long man, London,.

Pachauri,S.K. (1999) Women & Children in Sports, Commonwealth Pub, New Delhi.

Sharma.V.K. & Rajeev Sareen (ed) (1992)Perspectives in Sports Education Commonwealth Publishing, New Delhi,

Synder, E.E. & Elenor Spreitzer(1983), Social Aspects of Sports, Englewood Cliffs. N.J.