MANGALORE UNIVERSITY

DEPARTMENT OF PHYSICAL EDUCATION

University Qualifying Standards for the Year 2018-19

WEIGHTLIFTING (MEN & WOMEN)

Men section				Women section			
Category	Snatch	Jerk	Total	Category	Snatch	Jerk	Total
55kg	86	109	195	45 Kg	51	64	115
61 kg	95	121	216	49Kg	55	70	125
67 kg	105	137	241	55Kg	62	79	141
73 kg	101	125	226	59Kg	67	84	151
81 kg	112	139	250	64Kg	72	92	164
89 kg	123	152	275	71Kg	65	83	148
96 kg	126	152	277	76Kg	70	89	159
102 kg	115	142	257	81Kg	75	95	169
109 kg	123	147	270	87 kg	80	102	182
above 109Kg	123	147	270	above 87Kg	80	102	182

Director of Physical Education
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