

MANGALORE UNIVERSITY
Department of Sociology

SYS 458 Sociology of Leisure and Sport

Objectives: a study on this course will provide the skill to -

- 1 Understand the concepts in leisure and sport
- 2 Analyse the cultural base of sports
- 3 Study on social institutions and sport
- 4 Know the relation between social stratification and leisure activities
- 5 Study the sports related state policies and programmes.

Course Outcome:

- CO1. Get familiar with the concepts of leisure and sports.
- CO2. Understand sociology of leisure.
- CO3. Aware of benefits of sport activities
- CO4. Role of the Governments in promoting leisure and sport activities
- CO5. Social aspects leisure and sports
- CO6. Understand deferential aspects of leisure in India
- CO7. Know leisure and sport policies in India

Course Content:

UNIT – I: Introduction

Hrs - 14

- a. Scope and importance of Sociology of Leisure and Sport
- b. Origin and Development of Sociology of Leisure Sport
- c. Sport as a Social Phenomenon ; Sport and Socialization

UNIT – II: Theoretical Approaches

Hrs - 12

- a. Structural Functional Approach
- b. Conflict Approach
- c. Ethno- Methodological Approach

UNIT – III: Cultural Bases of Sport

Hrs - 14

- a. Relationship of Sports with the elements of Culture
- b. Sport, Leisure and Culture
- c. Cross Cultural Differences in Sport

UNIT – IV: Social Institutions and Sport

Hrs - 14

- a. Sport as a Social Institution
- b. Sport and Economic, Political and Religious Institutions
- c. Violence in Sport

UNIT – V: Social Stratification and Sport

Hrs - 12

- a. Sport, Social Stratification and Social Mobility

- b. Gender Inequality in Sport
- c. Sport and the State: Policies and Programmes.

Reference:

Dharam.V.R. (1989) Sports & Society : Readings in Sociology of Sports, New Delhi classical.

Hylton, Kelvin, et al (2001) Sports Development : Policy Process & Practice, London : RKP

Laker Anthony (ed) (2002) The Sociology of Sport and Physical Education, London, RKP.

Loy John W et al(1978): Sports and Social System A Guide to the Analysis, Problems and Literature ,Wesley : London,.

Oglesby Carde(1978) Women & Sport : From Myth to Reality, Orient Long man, London,.

Pachauri,S.K. (1999) Women & Children in Sports, Commonwealth Pub, New Delhi.

Sharma.V.K. & Rajeev Sareen (ed) (1992) Perspectives in Sports Education Commonwealth Publishing, New Delhi,

Synder, E.E. & Elenor Spreitzer(1983), Social Aspects of Sports, Englewood Cliffs. N.J.

